

SPREAD LOVE

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Make valentines for hospitalized children.	2 Leave a small gift and note of appreciation for someone in your community.	3 Do a small act of service such as shoveling a neighbor's driveway.
4 Write small encouraging notes and leave them around town.	5 Play the "I Love You Game" (@book.nerd.mommy.com)	6 Make Valentines for those you love.	7 Donate to your local food bank.	8 Help around the house without being asked.	9 Focus today on being especially kind and complimentary.	10 Start a piggy bank for a cause.
11 Donate used books to the library.	12 Start a recycling bin in your home.	13 Call someone you love and haven't spoken to in awhile to tell them you appreciate them.	14 Make treats and share them with the neighbors.	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

EXTRAS

At booknerdmommy.com

- ♥ Printable book list with 14 picture books about spreading kindness
- ♥ Valentine's advent/countdown display idea and printable
- ♥ Further activity details and information

